(英) July 20th, 2022

To the Parents,

Isesaki City Board of Education School Superintendent Mr. Kenji Miyoshi

Preventive Measures Against the New Coronavirus Infectious Diseases during Summer Holidays

We'd like to thank you for your understanding and cooperation in the educational activities of the city.

As we welcome summer holiday, the new coronavirus is spreading nationwide. We would like to ask each family to pay close attention to the following points and continue to cooperate in preventing the spread of the new coronavirus.

1. Health Observation

- (1) Check your health condition daily for fever and cold symptoms. (sore throat, headache, abdominal pain, etc.), refrain from participating in school activities or going out.
- (2) Contact your family doctor or the prefectural consultation / consultation center. Call (TEL: 0570-082-820) and follow the instructions.

2. How to Spend at Home

- (1) Avoid crowded places where many people gather or where infectious disease control is not adequately implemented.
- (2) Please think carefully before you make decision.
- (3) When at home, take proper measures against infectious diseases such as ventilation, hand washing, and coughing etiquette.
- (4) Go to bed early, get up early, have a hearty breakfast and keep your regular rhythm. From the viewpoint of heat stroke prevention, please remove your mask when it's not necessary to wear it. (Kindergartens do not require uniformly wearing of mask.)

3. About Contacting the Schools and Kindergartens and checking the situations

When the kindergarten children and the family living together are positive, please notify the school / kindergarten immediately.

- * In the following cases, we will confirm from the school and kindergarten.
- (1) If the child in the kindergarten is positive, take off his/her mask and had conversation with friends for 15 minutes or more other than family members during the period from the onset date, (in case of asymptomatic, the examination date) 2 days before. Check if there was any contact or long-term contact due to accommodation, etc.
- (2) If the family living together is positive, check whether the child or student himself/herself has been identified as close contact by the health center.
- (3) Others: instructions and communication items from the health center.